Introduction

This book is a collection of undergraduate teaching activities in the field of literary studies. We offer here 101 exercises for the college classroom, solicited from scholars and teachers around the United States (and beyond). Our contributors come from small private colleges, local community colleges, and large state or private universities. All have contributed a favorite literature exercise—one that has been tested and refined in the college classroom and proven a hit with undergraduates. As our volume title suggests, The Pocket Instructor offers an array of successful classroom activities: activities you can pull out of your back pocket whenever you may be in need of new teaching ideas or general inspiration.

Every exercise in these pages is designed to get students talking, thinking, and learning and affirms the central philosophy behind the volume: active learning pedagogy. Compared to traditional pedagogy, active learning pedagogy places greater emphasis on student communication and collaboration. This student-centered approach to teaching promotes more decentralized learning, often in the form of small-group work (discussion pods, warm-up activities, class debates, role-playing, problem sets, teamwork, group presentations). Active learning classrooms favor exercises that develop critical thinking skills, like brainstorming ideas, formulating questions, or solving problems. Such approaches can involve activities on a small scale (students listing items on a blackboard) or on a large scale (students collectively working on a case study). What active learning exercises all have in common is a core commitment to students working side by side, under the guidance of an instructor, not simply to receive knowledge but to discover, create, analyze, or apply it. The main purpose of this collection is to bring together, in one accessible volume, exercises that honor the importance of active learning in the college literature classroom.

THE ACTIVE LEARNER

Teaching practices and philosophies have changed dramatically in the decades since we began teaching. Most strikingly, teaching has become a far more interactive enterprise. While active learning emerged long before the World Wide Web and social media, the availability of new technologies in
particular has fundamentally altered how students learn. Today’s college students, members of the “Net generation,” who have come of age in a multimedia and multitasking era, expect a more stimulating and engaged learning environment, and rightly so. Teachers are now faced with the challenge of creating not just more dynamic teaching exercises but more meaningful ones, exercises that do more than convey facts and figures already easily accessed with the tap of a finger.

Behind the current movement from teacher-centered to student-centered pedagogy is a much larger historical shift from an industrial economy to an information economy. Whereas an industrial economy required a hierarchical transmission of information from teacher to student, an information economy ushers in a world where information is already readily available. Students now must negotiate a learning environment of complex networks and relationships, a world in which knowledge is no longer discrete but embedded, no longer revealed but discovered. This larger historical shift from producing market goods to manipulating informational networks is changing not just what we teach but how we teach. These days the work environment is frequently an extension of the learning environment. Our capacities for social interaction, group problem-solving, and intellectual play, along with a willingness to keep on learning, innovating, and implementing, have become core conditions for success in a rapidly evolving and increasingly networked global economy.

Active learning pedagogy prepares students to work more creatively, and frequently more collaboratively, to tackle and solve problems while negotiating differing opinions and diverse worldviews. Educators have understood this teaching practice in both general and specific terms. In perhaps its simplest definition, active learning “involves students in doing things and thinking about the things they are doing.” In its fuller definition, active learning provides “opportunities for students to meaningfully talk and listen, write, read, and reflect on the content, ideas, issues, and concerns of an academic subject.” Whether broadly or narrowly defined, a vast body of research has revealed that active learning exercises work significantly better than traditional teaching methods—methods based on the old industrial knowledge-transmission model that relies heavily on the conventional lecture format. Since the late twentieth century, extensive research on pedagogy (nearly six hundred studies by 1990 alone) has consistently shown that students at all levels not only learn more from active learning exercises but also retain what they learn longer.

Studies have also demonstrated that active learning exercises create more comfortable learning spaces for many different types of students, including unacknowledged or alienated students who feel more welcome in peer learning environments, women and minority students who perform better in collaborative rather than competitive classrooms, and shy students who feel
more at ease talking in small groups.\textsuperscript{7} Enhanced experience and understanding of diversity is one particularly significant side benefit of active learning classrooms. Another important bonus: students and teachers alike are reminded that honing and improving oral skills, and not just writing skills, is a vital component of critical thinking. Rather than remain largely silent or passive, students exposed to active learning exercises have regular opportunities to practice and develop their oral proficiency.

Designing and incorporating into our teaching more interactive activities, in which students learn not just from us but from each other, requires a conceptual shift in how we understand the classroom itself. The classroom becomes less a lecture space and more a learning studio or workshop, a place for students to actively practice their reading, writing, reasoning, and other abilities and to do so not in isolation but in groups. Anyone who has spent time in the college classroom already knows that students working together bring a different kind of energy and focus to the classroom. Undergraduates often learn best when they learn from each other. But as the exercises in this volume attest, such learning activities need to be carefully set up and closely supervised. Active learning holds both teachers and students accountable for the open-ended intellectual activities that take place in an organized and supportive environment. Striking this important balance—between too much freedom, on the one hand, and too much regimentation, on the other— is the key to a successful active learning exercise. The aim is to promote intellectually adventurous critical thinking guided from the start by a clearly stated learning goal.

“Active learning,” which sometimes also goes under the names “engaged learning,” “collaborative learning,” or “deep learning,” has been around for much longer than its name. The assumption that educators have only recently discovered the many benefits of interactive learning may not tell the whole story.\textsuperscript{8} It has never been quite the case that college teachers have concentrated solely on conveying information to students; in discussion sections, seminars, and assignments, faculty have long experimented with creative learning exercises even beyond the familiar student oral presentation. Diana remembers from college a small-group assignment to prepare, present, and revise a contemporary poetry syllabus. And Bill recalls one of his college classes being asked to insert themselves imaginatively into individual lines from Shakespeare plays in order to understand the impact of character on tone and diction. Significantly, these are the classroom exercises that we have never forgotten (and that may well have decided our future careers).

It is important to recognize that while the exercises featured in this volume include new ideas for interactive teaching and learning, they also represent the collective wisdom of generations of teachers dedicated to engaging their students in fresh and inventive ways. Some of these favorite literature exercises have been handed down from teacher to teacher over decades. Some
are much newer and reflect changes in classroom technology (the availability of Blackboard or the use of laptops) or recent evolutions in literature itself (the emergence of graphic novels or the popularity of slam poetry). Our goal has been to gather together in one place the best of these literary exercises and make them available to a wide audience.

THE LITERATURE CLASSROOM

New teachers can find a number of useful teaching handbooks to ease their way into the classroom. The most popular of these guides—Wilbert McKeachie’s *Teaching Tips: Strategies, Research, and Theory for College and University Teachers*, 14th edition (2014), Anne Curzan and Lisa Damour’s *First Day to Final Grade: A Graduate Student’s Guide to Teaching*, 3rd edition (2011), and Barbara Gross Davis’s *Tools for Teaching*, 2nd edition (2009), all periodically revised and reissued since their original dates of publication—have excellent pieces of general advice, including tips for leading discussion and ideas for organizing lesson plans. None, however, focus on what new teachers often need most: a comprehensive set of discipline-specific exercises to use in the classroom.

Within the field of literary studies, *Teaching Literature* (2003), by our former colleague Elaine Showalter, is especially helpful for its reflections on many important aspects of teaching that too often go undiscussed: “the anxiety dreams, the students who won’t talk or can’t talk, the days when we can’t talk ourselves.” Our volume differs in focus by offering not general teaching anecdotes but detailed teaching recipes. This volume also departs from the Modern Language Association’s Approaches to Teaching World Literature, a series that focuses primarily on individual literary texts (for example, *Approaches to Teaching Dickens’s “David Copperfield”*). Containing essays rather than exercises, the MLA volumes usefully identify structures and themes within the text, review available editions and works of criticism, and provide biographies and chronologies. While some of the ideas in the “Approaches” section of this long-standing series might be convertible into specific classroom activities, they are not presented in the user-friendly format we offer here, nor are they broadly conceived as active learning exercises.

The following pages present specific interactive exercises pitched directly to the literature classroom. With a focus on dialogue and reflection, conversation and cooperation, these exercises demonstrate a variety of ways teachers of literature might both cover course content and help students actively formulate questions and develop skills. The opposition between old “content-based” teaching and new “skill-based” teaching is, in our minds, largely a specious one. It is impossible to do one without the other. In the words of cognitive psychologist Daniel Willingham, “deep knowledge” may
be our goal but “shallow knowledge” will always come first. Thanks to the new brain research on how we learn, we now know that the things we value most in active learning, skills like problem solving and complex reasoning, are actually closely linked to the information retained in our long-term memories.11

For this reason we have sought to offer exercises that are both content rich and adjustable—exercises with enough options to satisfy any literature instructor teaching across a range of genres and periods, to majors or non-majors. If you are in the market for a good exercise on how to teach poetic scansion, or narrative voice, or dramatic situation; if you are wondering how to get students excited about *The Canterbury Tales*, *Paradise Lost*, or *The Waste Land*; or if you are searching for ways to integrate noncanonical, interdisciplinary, or cross-cultural materials into your literature classroom, then this book is specifically for you.

This is the book, in other words, that we wish we had had when we first started our own teaching careers. Our goal in assembling it—from soliciting the individual exercises to deciding how to organize them into useful, discrete sections—has been to capture, collate, and codify those unique disciplinary strategies that make teaching literature a distinct enterprise, not at all the same as leading a discussion on labor economics, running a lab on chemical synthesis, or conducting a workshop on language instruction. While different academic departments teach some of the same skills—critical thinking chief among them—the strategies for teaching both content and method can vary widely across disciplines. Equally important, they can vary considerably across fields within the same discipline. In literary studies a Socratic dialogue approach that might work brilliantly in a fiction class on characterization can fail miserably in a poetry lesson on ekphrasis.

This volume suggests ways to teach literature as literature more effectively. The exercises featured here have all been selected for their adaptability—their usefulness for teaching more than a single author or a single text. But you will also find among them useful approaches for teaching the idiosyncrasies of Geoffrey Chaucer’s language or Alexander Pope’s couplets, William Shakespeare’s soliloquies or Robert Browning’s dramatic monologues, Jane Austen’s beginnings or Nella Larsen’s endings, Oscar Wilde’s aphorisms or N. Scott Momaday’s metaphors. Although most of the textual examples are drawn from literature in English or in translation, almost all of the exercises are appropriate for teaching literature in other languages as well. Several of the exercises are also designed to help students engage with critical and literary theory, or can be adapted to theoretical texts.

Good teachers know that, in the classroom, process is as important as content, which is why you’ll also find here a variety of methods and approaches, everything from exercises that deploy classic close-reading aids
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(circle, underline, annotate, imitate) to exercises that invite creative visualization techniques (write, draw, map, design). You’ll even find exercises that get students on their feet (debate, declaim, stage, perform), a process that truly brings out the “active” in active learning.

All of the exercises are also compatible with many of the classroom assessment techniques you may currently be incorporating into your lesson plans. Students who have already written short response papers or one-sentence summaries, for example, will be more than ready to dive into the active and practical exercises that populate this volume. You can also use common assessment techniques at the end of a lesson or a unit to gauge the success of these exercises at promoting better learning, or simply to get student feedback on the exercises.¹² One of the most immediate and useful forms of assessment is to ask students directly, in the class time remaining, what they thought of the exercise itself: What did they learn or not learn from this activity? What was its greatest benefit or limitation? What are some changes they might recommend for repeating the lesson in the future? Can they imagine a useful follow-up exercise? Inviting students as a group to assess critically what you have just asked them to do constitutes an active learning exercise in its own right and is illustrated by many of the exercises in this volume.

Whether you are a new teacher finding your footing in the college classroom or a veteran faculty member on the lookout for new ideas, we hope The Pocket Instructor will be a useful resource at any moment you might need it. Designed for classes, seminars, and discussion sections, most of these classroom exercises take fifty minutes or less (nearly half can be completed in thirty minutes) and are versatile and flexible enough to be adjusted for different class sizes and for students with different skill sets. For example, a small-class exercise designed as a full-group discussion might, for a larger class, be reconfigured into a pair or small-group activity. (We define “small group” as three to five students working collaboratively.) Or an exercise designed for beginners might be combined with a second exercise of moderate difficulty to fashion a more challenging lesson plan. The best classroom learning activities tend to lend themselves readily to creative revision and resourceful repurposing. These are the exercises we have been most interested in showcasing.

The Pocket Instructor is not a guide to lecturing in the classroom. Though many of these active learning exercises require that the instructor introduce or model the activity at the beginning, summarize or clarify what the class has learned at the end, or provide some necessary orientation or information along the way, they do not rely on the traditional lecture format. We still believe in the large lecture format, for reasons both pedagogical and practical. There is a case to be made for the power of lectures to model for students the learning skills they seek to acquire.¹³ And few schools, in any case, have
the money, space, or resources to dispense entirely with traditional lecture courses. That said, it is worth remembering that lecturing and active learning strategies are not in fact mutually exclusive and that the two can even work in tandem. Spot writing, pair conversations, polls, clickers, and smart phones are all popular strategies for involving students more actively in even the largest of lecture halls.14

For nonlecture classes (the focus of this volume) we suspect that many teachers of literature conduct their lessons in the same eclectic way we often do. For example, we might begin a class with some formal remarks to set things up or cover a bit of ground, then segue into a small-group or other collaborative exercise, next reconvene the class for a full-group discussion, and finally bring things to a close with a quick summary, a final question, or a brief look at what’s to come. Variety and pacing are the keys to holding student attention and making the most of classroom time. Yet while there may be more effective ways to teach, there is still no single correct way to teach. So much depends on our learning objectives, our class sizes, and even our physical classrooms, which are not always friendly environments for student dialogue and group activities.

At our own institution, the classrooms—many with heavy tables, bolted chairs, or tiered floors—are not properly set up for active learning exercises. And yet (perhaps like you) we try the exercises anyway, inevitably teaching not so much with the room as against it. Ideally, a classroom environment that encourages engaged student learning contains movable, reconfigurable furniture that can be instantly arranged and rearranged to accommodate small-group work. But in the absence of such popular “flex” rooms, nearly all of the exercises offered here can still be successfully executed by having students turn to the person next to them, reposition themselves, stand at the board, or move around the room. While most classroom designs have not caught up with the new pedagogy, we have found that exercises that involve students actively talking and learning from each other can still be pulled off, even in the most traditional of classrooms, with a little patience and creativity.

THE CLASSROOM EXERCISES

*The Pocket Instructor* is composed of eleven sections, each preceded by a short introduction that describes the general approach of that section and also explains how the exercises are organized within it. (We recommend that you read these section introductions before picking out a specific exercise to try.) We begin with a section called “Discussions,” since getting students talking is often the primary goal of active learning exercises. We follow up with another foundational section, “Essentials,” which identifies a handful of exercises that seem to work well in any literature classroom, whether the
focus is genre, period, or theme. That said, because genre so often organizes literature courses—and in many cases determines which type of classroom activities are likely to succeed—we have allotted the largest sections of the volume to the three most frequently taught literary genres: stories, poems, and plays. These sections form the core of the volume, with fifteen exercises each, ranging from lessons appropriate for introductory survey courses to activities suitable for advanced courses. The six remaining sections focus attention on a range of other important topics, scales, and approaches. “Genres” and “Canons” explore the boundaries and conventions of literary forms and literary histories. “Words” and “Styles” tackle the nuances and subtleties of authorial expression. “Pictures” and “Objects” probe the rich visual and material contexts of imaginative literature. If it happens in a literary text, one of the exercises in these eleven sections will help your students understand it.

Each of the 101 entries assumes a two-part structure: precise step-by-step directions (“Exercise”) followed by more general ruminations (“Reflections”). Combining practical details with experiential advice, authors first share specific instructions for how to execute the actual lesson plans and then provide a peek into how things went in their classrooms. In concise, readable format, entries offer additional guideposts: clear rationales for the exercise itself, useful tips on what to do or what to avoid, helpful recommendations on what texts might work best, and thoughtful reflections on what students learned. Some entries even suggest variations on the main exercise—alternative approaches that, with a slight shift in method, might also work well for a different student group or pedagogical purpose.

All entries begin with a tagline that briefly describes the nature and purpose of the exercise: a collaborative exercise for finding the keywords in a novel (“Word Clouds”), an introductory exercise for listening to the distinctive sound of poetry (“Close Listening”), a slowing-down exercise for teaching the importance of style (“The One-Liner”). Immediately after the opening taglines, you will find the following nine navigational keys:

- Genre (any, fiction, poetry, drama, prose)
- Course Level (any, introductory, intermediate, advanced)
- Student Difficulty (easy, moderate, hard)
- Teacher Preparation (low, medium, high)
- Class Size (any, small, medium, large)
- Semester Time (any, first day, early, midterm, late, last day, exam review, all semester)
- Writing Component (none, before class, in class, after class, optional)
- Close Reading (none, low, medium, high)
- Estimated Time (minutes, hours, full class)

These keys help identify the practical requirements of each exercise, and help you efficiently locate the type of exercise for which you may be searching.
For class size we have calculated a small class as one to fifteen students, a medium class as sixteen to thirty students, and a large class as more than thirty students. Roughly half the exercises are suitable for any class size; the rest work best with classes that are small or medium sized. The Estimated Time key denotes classroom time only and does not include the time it might take for students to complete homework or for groups to meet outside of class. Along with the Student Difficulty key, the Estimated Time key should also be considered more an estimate than a promise. Only you know your group, and only you can anticipate how long your students might need for the exercise and how easy or difficult it might be for them. These keys are intended to make that estimate easier.

Along with the keys that begin each exercise, cross-indexes at the end of each of the last nine sections offer additional pathways for exploring the volume. We have placed each of the exercises in the section where it most comfortably belongs, but many exercises are versatile enough to be cross-listed in multiple sections. For instance, not all the fiction exercises are in the “Stories” section; you will find many additional suitable options spread throughout the volume, in places like “Words,” “Styles,” or “Pictures.” These cross-indexes guide you to exercises that offer further activities for any section that sparks your interest. After the last section, four more cross-indexes are designed to help instructors plan ahead, highlighting exercises where timing matters (full semester, first day, last day) or exercises that require students to prepare writing before class. At the end of the volume you will also find a general index that includes literary authors, works, and related topics mentioned in the exercises.

TEACHING CLOSE READING

If there is a dominant theme across this collection of exercises, it is the many different and creative ways to teach close reading. Close reading is the art of attending to the details of a text (its structure, diction, tone, syntax, sound, imagery, theme), often as a way to identify or understand its larger cultural, historical, or literary contexts. This approach, first developed as a practice in the 1920s by Cambridge scholars I. A. Richards and William Empson before making its way across the Atlantic, remains central to the literature classroom of the twenty-first century. Indeed, the skill of close reading is uniquely suited to a postindustrial world defined by networks, connections, and relationships. Finding patterns and identifying themes is the very work of close reading, for which students of literature have a special affinity and training. One might assume that teaching the art of close reading always happens in the same fashion, but in fact there are many approaches to scanning a line, mapping a structure, or identifying a theme. The exercises in this volume capture just some of
the imaginative ways that close reading might be deployed as a constructive critical practice.

The practice of reading closely is so pervasive across literary genres, and so common a thread in active learning exercises, that at first we wondered if we even needed a separate key for it. In the end we decided in favor of a Close Reading key to recognize and highlight, across exercises, the great diversity and varying degrees of close reading deployed in the literature classroom, techniques that might extend anywhere from registering the significance of a text’s general external appearance (“Judge a Book by Its Cover”) to attending to its every internal punctuation mark (“Punctuation Matters”). Some exercises in this volume are entirely close reading activities that lean heavily on “micro” analysis of single texts (“The Blow Up” or “The Cut Up”), while others widen out to encompass more “macro” strategies for understanding the formal intricacies and patterns across texts and periods (“First Paragraphs” or “Moving Scenes”). Still others seek to complement or counterbalance formalist reading practices by inviting students to contextualize either historically (“Digital Literacy”) or culturally (“Spin the Globe, Shakespeare”). There are even some exercises in this collection that require no close reading at all, focusing instead on what happens either before (“Reading without Reading”) or after (“Build-A-Canon”) engagement with the text proper. In the final analysis, however, few exercises in the literature classroom are very far from the details of language, style, or voice that mark a text as “literary.” Judging from the sheer volume of exercises in this collection that rely on the technique of annotation or other forms of explanation, literary studies continue to put a high premium on close reading as a core foundational skill for the understanding and interpretation of texts.

Whichever activities you use, you will find in these entries not hard-and-fast rules but creative and crafty inspiration—prompts for pedagogical experimentation and innovation in your own classroom. We invite you to try these exercises as they are, to reimagine them for your own audience, or to use them as incentives to pilot something new. No one owns a good teaching exercise; favorite classroom activities are not copyrighted but shared. As teaching seminars and teaching centers continue to crop up in colleges and universities around the country, and as the profession rededicates itself to the fundamentals of good teaching, now seems the appropriate time for all of us to share favorite lesson plans on a larger scale.

NOTES
2. On the movement from an industrial economy to an information economy and its particular influence on the classroom, see Paul Cornell’s “The Impact of Changes in Teach-
ing and Learning on Furniture and the Learning Environment," *New Directions for Teaching and Learning* 2002.92 (2002), 33–42. As he marks this important historical change, Cornell identifies additional pedagogical shifts—from directed learning to facilitated learning, passive learning to active learning, learning content only to learning content and process, and working alone to working alone and together.

3. For more on the new learning paradigms emerging in the Information Age, see Daniel Araya and Michael A. Peters, eds., *Education in the Creative Economy: Knowledge and Learning in the Age of Innovation* (New York: Peter Lang, 2010). Of particular note: Greg Hearn and Ruth Bridgstock, "Education for the Creative Economy: Innovation, Transdisciplinarity, and Networks" (93–116), and Patrick Whitney, "Learning in the Creative Economy" (447–68).


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15. See I. A. Richards, Principles of Literary Criticism (New York: Harcourt, Brace, 1924), and Practical Criticism: A Study of Literary Judgment (New York: Harcourt, Brace, & World, 1929), and William Empson, Seven Types of Ambiguity (London: Chatto and Windus, 1930), three founding texts in the history of close reading. A recent reconsideration of the discontinuous evolution of close reading in the British and American traditions reminds us that we may know much less about the early philosophies of close reading practices than we think we do. It was not the case that literary critics like I. A. Richards or William Empson idolized the text at the expense of authors, readers, and contexts; on the contrary, their experiments in textual close reading sought to shed light on these very subjects. See Joseph North's interesting “What’s ‘New Critical’ about ‘Close Reading’?: I. A. Richards and His New Critical Reception,” New Literary History 44.1 (Winter 2013), 141–57.